

Dr. Mechanick is Professor of Medicine and Medical Director of The Marie-Josée and Henry R. Kravis Center for Cardiovascular Health at Mount Sinai Heart, and in the Cardiovascular Institute and Division of Cardiology, and Director of Metabolic Support in the Division of Endocrinology, Diabetes and Bone Disease, Icahn School of Medicine at Mount Sinai. He received his M.D. degree from the Icahn School of Medicine at Mount Sinai, completed Internal Medicine residency at Baylor College of Medicine, and completed Endocrine Fellowship at The Mount Sinai Hospital. Dr. Mechanick authored over 375 publications in Endocrinology, Metabolism, and Nutrition Support with 262 PubMed citations currently. He is the 2016-2017 Past President of the American College of Endocrinology, 2013-2014 Past President of the American Association of Clinical Endocrinologists, and 2005-2006 Past President of the American Board of Physician Nutrition Specialists. Dr. Mechanick co-edited *Nutritional Strategies for the Diabetic and Prediabetic Patient; Power of Prevention: The Complete Guide to Lifelong Nutrition; Thyroid Cancer: From Emergent Biotechnology to Clinical Practice Guidelines; and Molecular Nutrition – The Practical Guide*, and *Lifestyle Medicine – A Manual for Clinical Practice*; and co-authored *Diabetes Mellitus Pocket* and *Nutritional Medicine Pocket*. Dr. Mechanick was appointed as a member of the President's Council on Fitness, Sports and Nutrition (PCFSN) Science Board for 2010-2013 and was the 2013-2015 Editor-in-Chief and currently Editor-in-Chief Emeritus of the PCFSN quarterly publication *Elevate Health*. Dr. Mechanick chairs the Physician Engagement Committee of the American Association for Parenteral and Enteral Nutrition. Dr. Mechanick also chairs the International Transcultural Diabetes Nutrition Algorithm Working Group. Dr. Mechanick currently serves as Chair of the Board of Visitors for the College of Computer, Mathematics, and Natural Sciences at the University of Maryland at College Park and was the 2011 recipient of the University of Maryland Industry Impact Award and 2011 University of Maryland Biology Alumnus Award. Dr. Mechanick's research interests are in the fields of nutrition and metabolic support, obesity and lifestyle medicine, and network analysis of complex systems. Dr. Mechanick is responsible for training cardiology fellows at Mount Sinai in lifestyle medicine, nutrition, and metabolic support.

Introduction Bullets:

- Professor of Medicine, Icahn School of Medicine at Mount Sinai
- Medical Director, Kravis Center for Cardiovascular Health at Mount Sinai Heart, Icahn School of Medicine at Mount Sinai
- Director, Metabolic Support – Division of Endocrinology, Diabetes and Bone Disease, Icahn School of Medicine at Mount Sinai
- Chair of the Board of Visitors for the College of Computer, Mathematics, and Natural Sciences at the University of Maryland at College Park
- Past President, American College of Endocrinology
- Past President, American Association of Clinical Endocrinologists
- Past President, American Board of Physician Nutrition Specialists
- Editor-in-Chief Emeritus, Presidents Council of Fitness, Sports and Nutrition – *Elevate Health*
- Past Member of the Science Board, President's Council of Fitness, Sports and Nutrition
- Chair, Physician Engagement Committee of the American Association for Parenteral and Enteral Nutrition
- 376 publications with 262 PubMed citations, 80 chapters, and 10 books