

**Metabolic Endocrine Education Foundation (MEEF)
638 Lindero Canyon Dr Suite # 380
Oak Park, CA 91377**

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CME Symposium IN ASSOCIATION WITH THE 10th



EARN
CME
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1.25

Expanding the Horizon of Hypertrophic Cardiomyopathy



Saturday, June 20, 2026
6:30 – 8:00 PM
Loews Philadelphia Hotel
Philadelphia, PA
DINNER WILL BE SERVED

This CME Symposium
will be available -
FREE for ONE year

This is a CME Symposium Supported by an Educational Grant from **Lexicon Pharmaceuticals**
Free for all 10th HiD Attendees. Register online www.heartindiabetes.com/registration

JOINTLY PROVIDED



Creighton
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EXPANDING THE HORIZON OF HYPERTROPHIC CARDIOMYOPATHY

CHAIRS: **Erin D. Michos, MD, MHS • Matthew J. Budoff, MD**

- 6:30 pm – 8:00 pm** DINNER CME SYMPOSIUM: Supported by **Lexicon Pharmaceuticals**
- 6:30 pm** Introduction & Pre-CME Questions **Erin D. Michos, MD, MHS**
- 6:40 pm** Epidemiology and Pathophysiology of HCM **Carolyn Y. Ho, MD**
- 7:00 pm** Diagnosis Modalities of HCM, Challenges and Overcoming Barriers **Alejandro De Feria, MD**
- 7:20 pm** Current and Evolving Treatment Options in HCM **Anjali T. Owens, MD**
- 7:40 pm** Panel Discussion and Q&A: Future Direction in HCM Research and Management
Panel: **Alejandro De Feria, MD, Carolyn Y. Ho, MD, Erin D. Michos, MD, MHS, Anjali T. Owens, MD**
Moderator: **Matthew J. Budoff, MD**
- 7:55 pm** Post-CME Questions: **Matthew J. Budoff, MD**
- 8:00 pm** Adjourn

Program Description

Hypertrophic cardiomyopathy (HCM) is one of the most common inherited cardiovascular disorders, yet it remains under recognized and frequently misunderstood in clinical practice. Affecting approximately 1 in 200–250 individuals, HCM presents with a wide spectrum of phenotypes—from asymptomatic carriers to patients with severe left ventricular outflow tract obstruction, arrhythmias, heart failure, or sudden cardiac death. Rapid advances in imaging, genetics, and targeted therapeutics have transformed the diagnostic and therapeutic landscape, making ongoing clinician education essential.

This medical education symposium provides a concise, clinically focused update on the epidemiology, pathophysiology, of HCM. Provides a review of contemporary diagnostic strategies, risk stratification tools, and management modalities addressing the role of surgery, medications and the emerging role of cardiac myosin inhibitors and SGLT inhibition. participants will gain practical insights to improve patient evaluation, care and health.

Learning Objectives

Upon completion of this CME symposium, participants should be able to:

- Know the Epidemiology and Pathophysiology of Hypertrophic cardiomyopathy (HCM)
- Outline a practical diagnostic approach, including imaging, genetic testing, and family screening.
- Summarize contemporary and evolving management strategies

Target Audience

This educational initiative is designed for cardiologists, endocrinologists, internists, nephrologists, family physicians and other primary care clinicians include advanced practice professionals with interest in the field

FACULTY



Erin D. Michos, MD, MHS, Chair
FAHA, FACC, FASE, FASCP

Professor of Medicine
Director of Women's Cardiovascular Health
Associate Director of Preventive Cardiology
Core Faculty, Advanced Lipid Clinic
Division of Cardiology
Johns Hopkins University School of Medicine
Baltimore, Maryland



Matthew J. Budoff, MD, Chair
FACC, FAHA

Professor of Medicine
David Geffen School of Medicine at UCLA
Endowed Chair of Preventive Cardiology
Lundquist Institute at Harbor-UCLA Medical Center
Program Director of Cardiac CT
Division of Cardiology Harbor-UCLA Medical Center
Torrance, California



Carolyn Y. Ho, MD

Medical Director of the Cardiovascular Genetics Center
Professor, Harvard Medical School
Brigham and Women's Hospital
Boston, Massachusetts



Alejandro de Feria, MD

Assistant Professor of Medicine
Center for Inherited Heart Disease
Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania



Anjali T. Owens, MD

Medical Director, Center for Inherited Cardiac Disease
Associate Professor of Medicine (Cardiovascular Medicine)
Hospital of University of Pennsylvania
Philadelphia, PA

CME DINNER SYMPOSIUM

This CME Supported Symposium will be available FREE for ONE year

Learn more at www.heartindiabetes.com/cmесymposium

To register to the entire Heart in Diabetes meeting
please visit www.heartindiabetes/registration

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Creighton University and Metabolic Endocrine Education Foundation (MEEF). Creighton Health Sciences Continuing Education (HSCE) is accredited by the ACCME to provide continuing medical education for physicians. Adminstrated by the Metabolic Institute of America. PESI, Inc. designated this live educational activity for a maximum of 1.25 AMA PRA Category 1 Credit(s).

Physicians should only claim credit commensurate with the extent of their participation in the activity.

For more information, please contact: info@tmioa.com or 818.342.1889

This is a CME program Supported by a Sponsorship Grant from

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