

# PROGRAM 2025

Thursday, June 5, 2025

3:00 pm – 8:00 pm **Lobby** - Pre-Registration

Friday, June 6, 2025

7:00 am Pre-Registration

7:00 am – 8:00 am **Exhibit Hall Opens | Continental Breakfast**

7:00 am – 8:20 am Welcome & Introduction | **Pre-CME Questions** **Yehuda Handelsman, MD, Stephen J. Greene, MD**

## Session 1 **Joint Session – Circulation**

Chair: Darren K. McGuire, MD • Elizabeth Selvin, PhD, MPH

8:20 am Mineralocorticoid Receptor Antagonism Prevents Aortic Plaque Progression & Reduces Left Ventricular Mass & Fibrosis in Patients With T2D & CKD - The MAGMA Trial **Sanjay Rajagopalan, MD, MBA**

8:40 am Cardiovascular, Kidney and Safety Outcomes with GLP-1 RA Alone and In Combination with SGLT2 Inhibitors in T2D: A Systematic Review & Meta-Analysis **Richard E. Pratley, MD**

9:00 am Accelerated Risk-Based Implementation of Guideline-Directed Medical Therapy for T2D and CKD **Muthiah Vaduganathan, MD, MPH**

9:20 am Optimal Screening for Predicting & Preventing the Risk of HF Among Adults With DM Without Atherosclerotic Cardiovascular Disease: A Pooled Cohort Analysis **Mohammad Shahzeb Khan, MD**

9:40 am – 10:00 am Panel Discussion and Q&A

**10:00 am – 10:30 am Refreshment Break at the Exhibit Hall**

## Session 2 **Women's Health**

Chairs: Jane EB Reusch, MD • Peter J. Grant, MD

10:30 am Dyslipidemia in Women Across a Lifetime Approach to Management **Pam R. Taub, MD**

10:50 am The Association of Sex Hormones with Anthropometric Measures and Heart Failure Risk in Post-Menopausal Women **Erin D. Michos, MD, MHS**

11:10 am – 11:20 am Panel Discussion and Q&A

## Session 3 **Diabetes Comorbidities**

Chairs: Javed Butler, MD, MPH • Mark E. Cooper, AO, MBBS, PhD

11:20 am Prediabetes: What's a Clinician to Do? **Jorge Plutzky, MD**

11:40 am Unraveling the Connection: Diabetes and Dementia **Elizabeth Selvin, PhD, MPH**

12:00 pm Pulmonary Disorders in Diabetes: Implications for Heart Disease **Peter J. Grant, MD**

12:20 pm Diabetes and Cardiovascular Disease in Older Adults **Richard E. Pratley, MD**

12:40 pm – 12:55 pm Panel Discussion and Q&A

**12:55 pm – 1:55 pm Lunch Break**

**1:05 pm – 1:50 pm Lunch Session Non-CME Education Product Theater Hall**

**Ozempic**  
Supported by **Novo Nordisk**

**Session 4 Implementation Science in Practice**

Chairs: Laurence S. Sperling, MD • Mark T. Kearney, MD, MBChB, MRCP

1:55 pm Implementing Guideline-Directed Medical Therapy: Stakeholder-Identified Barriers and Facilitators

Neha J. Pagidipati, MD, MPH

2:15 pm Population Health Approaches to Accelerate the Prevention of CVD:  
Moving from Action to Impact

Laurence S. Sperling, MD

2:35 pm – 2:45 pm Panel Discussion and Q&amp;A

**Session 5 Cortisol & CardioRenalMetabolic Diseases**

Chairs: Ralph A. DeFronzo, MD • Yehuda Handelsman, MD

2:45 pm Impact on Endocrinology

Vivian A. Fonseca, MD

3:05 pm Impact on the Kidney-BP-Bone

Lance Sloan, MD

3:25 pm Impact on Cardiology

Norman E. Lepor, MD

3:45 pm – 4:00 pm Panel Discussion and Q&amp;A

**4:00 pm – 4:30 pm Refreshment Break at the Exhibit Hall****Session 6 Sleep Disorders in Cardiometabolism**

Chairs: Zachary T. Bloomgarden, MD • Robert J. Chilton, DO

4:30 pm Sleep Health: Implications for Obesity and Diabetes Risk

Esra Tasali, MD

4:50 pm Sleep and Cardiovascular Risk

Henry Klar Yaggi, MD

5:10 pm – 5:20 pm Panel Discussion and Q&amp;A

**Session 7 Inflammation & Fatty Liver, MASLD, MASH**

Chairs: Jorge Plutzky, MD • Kausik K. Ray, MD, FMedSci

5:20 pm Inflammation, Cholesterol, Lipoprotein (a) &amp; 30-Year CVD Outcomes in Women

Paul M. Ridker, MD

5:40 pm The Pathophysiology, Diagnosis, and Management of MASLD/MASH

Christos S. Mantzoros, MD, PhD

6:00 pm – 6:15 pm Panel Discussion and Q&A & **Post CME Questions****6:15 pm – 7:15 pm WELCOME & POSTER RECEPTION at the Exhibit Hall**

7:15 pm – 9:00 pm

DINNER CME SYMPOSIUM:

Supported by TBD

# PROGRAM 2025

Saturday, June 7, 2025

7:00 am Registration  
7:00 am – 8:00 am Exhibit Hall Opens | Coffee.

**7:00 am – 7:45 am**      **Breakfast Session**      **Non-CME Education**      **Product Theater Hall**  
TBD  
Supported by **Eli Lilly and Company**

7:55 am – 8:05 am      **Pre-CME Questions**

## **Session 8**      **Heart Failure: The Now & The New**

Chairs: Erin D. Michos, MD, MHS • Silvio E. Inzucchi, MD

8:05 am      HF STATS 2024: Heart Failure Epidemiology and Outcomes      **Biykem Bozkurt, MD, PhD**  
8:25 am      Diabetic Cardiomyopathy: Mechanisms and Future Directions      **Mark T. Kearney, MD, MBChB**  
8:45 am      Therapeutic Landscape for Chronic vs Post-MI Heart Failure: Similarities and Differences      **Javed Butler, MD, MPH**  
9:05 am      Proper Medical Management of HFpEF in 2025      **Stephen J. Greene, MD**  
9:25 am – 9:45 am Panel Discussion and Q&A

## **Session 9**      **Technology & Diabetes Management**

Chairs: Biykem Bozkurt, MD, PhD • Vivian A. Fonseca, MD

9:45 am      Technology in the Management of DM- Addressing its Role in Comorbidities      **George Grunberger, MD**  
10:05 am      SGLT2 Inhibitors: Reconsidering, Repurposing, Reimagining      **Silvio E. Inzucchi, MD**  
10:25 am – 10:35 am Panel Discussion and Q&A

**10:35 am – 11:05 am Refreshment Break at the Exhibit Hall**

## **Session 10**      **Lipids - The New & The Old**      **Panel Session**

Chairs: Paul S. Jellinger, MD • Matthew J. Budoff, MD

11:05 am      My Personal Journey      **Katherine Wileman**  
From Rare to the Very Common Role of Genetics in Lipid Disorders      **Robert S. Rosenson, MD**  
 CETP inhibition- Where Might They Fit In Clinical Practice      **Kausik K. Ray, MD, FMedSci**  
 Using ApoB in Clinical Practice – From Risk Assessment to Treatment Targets      **Ann Marie Navar, MD, PhD**  
 Obesity and Dyslipidemia- Can We Finally Break the Cycle with Dual Agonists      **Kausik K. Ray, MD, FMedSci**  
 Panel Discussion and Q&A After Each Speaker

12:45 pm

**12:45 pm – 1:45 pm**      **Lunch Break**

**12:55 pm – 1:40 pm**      **Lunch Session**      **Non-CME Education**      **Product Theater Hall**  
TBD  
Supported by **Corcept Therapeutics**

## **Session 11**      **Joint Session - JACC**

Chairs: Neha J. Pagidipati, MD • Michael E. Farkouh, MD

1:45 pm      Digital Health Technologies for Cardiometabolic Disease & Diabetes:      **Robert M. Califf, MD**  
A Perspective from the U.S. FDA  
2:05 pm      Food Is Medicine Strategies for Nutrition Security & Cardiometabolic Health Equity:

2:25 pm JACC State-of-the-Art Review  
Intensive Lifestyle Intervention, Cardiac Biomarkers, & CV Outcomes in DM:  
Look AHEAD Cardiac Biomarker Ancillary Study  
2:45 pm Racial Differences in Diabetic Cardiomyopathy: The ARISE-HF Trial  
3:05 pm – 3:25 pm Panel Discussion and Q&A

Katie Garfield, JD

Ambarish Pandey, MD  
James L. Januzzi Jr, MD

**Session 12 Luminary in Cardiometabolic Medicine 2024 Award**

3:25 pm Award Presentation by

Peter J. Grant, MD and Silvio E. Inzucchi, MD

3:30 pm Diabetes and Cardiovascular Disease: The Evolution of CV Outcomes Assessment  
of Antihyperglycemic Medications

Darren K. McGuire, MD, MHS

4:00 pm - 4:10 pm Discussion and Q&A



**4:10 pm – 4:40 pm Refreshment Break at the Exhibit Hall**

**Session 13 The Current & The Future Role of Incretin Therapy**

Chairs: Richard E. Pratley, MD • Peter J. Grant, MD

4:40 pm GLP1- RA, Obesity & Diabetes: Mechanisms of Cardiovascular Protection

Ralph A. DeFronzo, MD

5:00 pm Postprandial Actions of GLP-1 ra - Implication for the Heart, Kidney, and Brain

Mark E. Cooper, AO, PhD

5:20 pm Incretins Today and Tomorrow

Jennifer B. Green, MD

5:40 pm – 6:00 pm Panel Discussion and Q&A – **Post CME Questions**

6:00 pm – 7:30 pm **DINNER CME SYMPOSIUM:**

Supported by TBD

7:30 pm – 8:30 pm

**Abstract Oral Presentation**

**CHEESE & WINE WILL BE SERVED**

**Chair:** George Grunberger, MD

**Abstract Committee:** Zachary T. Bloomgarden, MD • Ralph A. DeFronzo, MD • Vivian A. Fonseca, MD  
• Christian W. Mende, MD • Norman E. Lepor, MD • Derek LeRoith, MD, PhD • Richard E. Pratley, MD  
Matthew R. Weir, MD

Abstracts published in the **American Heart Journal**, **EIC:** Daniel Mark, MD, MPH

# PROGRAM 2025

Sunday, June 8, 2025

7:00 am Registration | Breakfast

7:00 am – 7:45 am Breakfast Session Non-CME Education Product Theater Hall  
TBD  
Supported by **Boehringer Ingelheim**

8:00 am – 8:05 am Oral Abstract Winner Award Presentation George Grunberger, MD

8:05 am – 8:15 am Pre-CME Questions

## Session 14 ASCVD

Chairs: Martha Gulati, MD, MS • Kausik K. Ray, MD, FMedSci

8:15 am 2024 Heart Disease & Stroke Statistics: US & Global an AHA Consensus Seth S. Martin, MD, MHS

8:35 am Appropriate Cardiac Intervention in the DCRM patient Robert J. Chilton, MD

8:55 am Serum Lipoproteins & Coronary Atherosclerosis in Asymptomatic U.S. Adults Without Traditional Risk Factors

Matthew J. Budoff, MD

9:15 am CVOT 2025

Deepak L. Bhatt, MD, MPH

9:35 am – 9:55 am Panel Discussion and Q&A

## Session 15 The Rising Star Award in Diabetes Cardiorenal & Metabolic Medicine

9:55 am Award Presentation by Elizabeth Selvin, PhD, MPH, Richard E. Pratley, MD

10:00 am Combination Treatment to Improve Heart and Kidney Outcomes in Diabetic Kidney Disease Ayodele Odutayo, MD, DPhil

10:20 am – 10:25 am Discussion and Q&A



10:25 am – 10:40 am Refreshment Break

## Session 16 The Kidney and Hypertension 2025

Chairs: Norman E. Lepor, MD • Deepak L. Bhatt, MD, MPH, MBA

10:40 am Do ACE/ARB Inhibitors Still Have a Role in the Era of SGLT2, MRA, and GLP1A? Matthew R. Weir, MD

11:00 am The Role of Diastolic & Pulse Pressure in CKD & CVD- Management Considerations Jordana B. Cohen, MD, MSCE

11:20 am Aldosterone: The Forgotten Hormone in Hypertension Jan N. Basile, MD

11:40 am – 11:55 am Panel Discussion and Q&A

11:55 am – 12:55 pm Lunch Break & Check-Out

12:05 pm – 12:50 pm Lunch Session Non-CME Education Product Theater Hall  
TBD  
Supported by **TBD**

## Session 17 CRM Management of Complex Cases – Expert Panel

Chair: Stephen J. Greene, MD

Expert Panel: **Erin D. Michos, MD • Paul S. Jellinger, MD • Matthew R. Weir, MD**

12:55 pm	Case 1	<b>Josephine Harrington, MD</b>
	Case 1 Panel Discussion and Q&A	
1:15 pm	Case 2	<b>Tramanh Phan, MD</b>
	Case 2 Panel Discussion and Q&A	
1:35 pm	Case 3	<b>Mohammad Shahzeb Khan, MD</b>
	Case 3 Panel Discussion and Q&A	
1:55 pm		

**Refreshments will be Served Inside the Lecture Hall**

**Session 18 Obesity**

Chairs: George Grunberger, MD • Christos S. Mantzoros, MD, PhD

1:55 pm	The Lancet Commission on Obesity	<b>W. Timothy Garvey, MD</b>
2:15 pm	ACC Statement- Obesity Management Role of Medical Management in CVD	<b>Martha Gulati, MD, MS</b>
2:35 pm	Management of Obesity Addressing Lean Mass Preservation	<b>Samuel Klein, MD</b>
2:55 pm – 3:15 pm	Panel Discussion and Q&A – <b>Post CME Questions</b>	

**3:15 pm Adjourn**