

LAURENCE S. SPERLING, M.D., FACC, FAHA, FACP, FASPC

BIOGRAPHICAL INFORMATION

Laurence S. Sperling, M.D., FACC, FAHA, FACP, FASPC is the Founder and was the Director of The Heart Disease Prevention Center at Emory (1997-2019). He is currently the Katz Professor in Preventive Cardiology at the Emory University School of Medicine, and Professor of Global Health in the Rollins School of Public Health. Dr. Sperling is the current Executive Director of Million Hearts for the Division of Heart Disease and Stroke Prevention at the Centers for Disease Control and Prevention and the Center for Medicare and Medicaid Services. He served as the President of the American Society for Preventive Cardiology from 2014-2016, served on the writing committee of 2018 the ACC/ AHA Guideline on the Management on Blood Cholesterol, and serves as Chair of the World Heart Federation writing group on the Roadmap for Cardiovascular Disease Prevention among People Living with Diabetes.

Dr. Sperling is originally from New York. He received his undergraduate degree from Emory College where he was accepted into Emory University School of Medicine's Early Acceptance Program as a college sophomore. He graduated with his M.D. in 1989, and subsequently completed 8 additional years of training at Emory including a residency in internal medicine, chief resident year at Emory University Hospital, an NIH-supported research fellowship in molecular and vascular medicine, and a clinical fellowship in cardiovascular diseases.

Dr. Sperling was awarded The American College of Cardiology Harry B. Graf Career Development Award for Heart Disease Prevention and The American Heart Association Council on Clinical Cardiology Scholarship for Physical Activity and Public Health in 2001. He is the recipient of the 2017 Award of Honor from the Alumni Association of Emory University School of Medicine.

Dr. Sperling founded (in 2004) and directs the first and only LDL apheresis program in the state of Georgia, and is the PI for The National FH Registry site at Emory. He has received awards for excellence in both teaching (including 4 Apple Awards and The Dean's Teaching Award) and mentorship (Emory SOM 2018 Mentorship Award). He has been an investigator in a number of important clinical trials including JUPITER, COURAGE, and BARI-2D and has authored over 300 manuscripts, abstracts, and book chapters.