

PROGRAM 2026

Thursday, June 18, 2026

3:00 pm – 8:00 pm **Lobby** - Pre-Registration

Friday, June 19, 2026

7:00 am Registration

7:00 am – 8:00 am **Exhibit Hall Opens | Continental Breakfast**

8:00 am – 8:20 am Welcome & Introduction | **Pre-CME Questions** Yehuda Handelsman, MD, Stephen J. Greene, MD

Session 1 Emerging Clinical Science

Chairs: Yu Mi Kang, MD, PhD, MPH • Mark T. Kearney, MD, MBChB

8:20 am The Impact of the Environment on Cardiometabolic Health **Sanjay Rajagopalan, MD, MBA**

8:40 am Cardiopulmonary Disease in Pre-Diabetes and Diabetes: New Therapeutic Challenges **Peter J. Grant, MD**

9:00 am Dysrhythmia in Obesity, Diabetes and CKM Syndrome **Jorge Plutzky, MD**

9:20 am Hyperaldosteronism in Diabetes and Obesity **Vivian A. Fonseca, MD**

9:40 am – 9:55 am Panel Discussion and Q&A

9:55 am – 10:25 am Refreshment Break at the Exhibit Hall

Session 2 Women's Health

Chairs: Katherine R. Tuttle, MD • Zachary T. Bloomgarden, MD

10:25 am What is Different About Obesity in Females than Males? **Samuel Klein, MD**

10:45 am Hypertension in Women and the Role of Sex Hormones **Erin D. Michos, MD, MHS**

11:05 am – 11:15 am Panel Discussion and Q&A

Session 3 Joint Session - Circulation

Chairs: Darren K. McGuire, MD, MHSc • Elizabeth S. Selvin, PhD, MPH

11:15 am Proteomic Signatures of Cardiac Dysfunction Among People with Diabetes **Christie M. Ballantyne, MD**

11:35 am Trends in Prevalence, Treatment, and Control of Cardiometabolic Risk Factors Among Adults with Hypertension in the US **Hyeok-Hee Lee, MD, PhD**

11:55 am Large-Scale Proteomics-Based Risk Score for the Prediction of Incident Cardio-Kidney-Metabolic Disease **Adithya K. Yadam, MD, MSc**

12:15 pm Population-Level Screening for Diabetes and Dyslipidemia After Pregnancies Complicated by Hypertension or Diabetes **Kara A. Nerenberg, MD**

12:35 pm – 12:50 pm Panel Discussion and Q&A

12:50 pm – 1:50 pm Lunch Break

1:00 pm – 1:45 pm

Lunch Session

Non-CME Education

Product Theater Hall

From Symptoms to Solutions: The Patient Experience with Korlym® (mifepristone) Treatment Supported by **Corcept**



Megan Wood, MD

Session 4 ASCVD Circa 2026

Chairs: Laurence S. Sperling, MD • Robert Chilton, DO

1:50 pm The Approach to MI Patients Who Do Not Have Standard Modifiable Risk Factors **Kausik K. Ray, FmedSci**

2:10 pm Impact of DM on Atherosclerotic Plaque Composition and Regression **Jonathan Feig MD, PhD**

Session 5 Guidelines & Practice Recommendations

Chairs: Vivian A. Fonseca, MD • Jorge Plutzky, MD

3:05 pm	AHA CKMH 2026 Guidelines	Chiadi E. Ndumele, MD, PhD
3:25 pm	AHA/ACC 2025 Hypertension Guidelines	Keith C. Ferdinand, MD
3:45 pm	DCRM 3.0 - Multi Specialty Practice Recommendations	Yehuda Handelsman, MD
4:05 pm – 4:20 pm	Panel Discussion and Q&A	

4:20 pm – 4:50 pm Refreshment Break at the Exhibit Hall

Session 6 Diabetes - Contemporary Topics & Management

Chairs: Richard E. Pratley, MD • Ralph A. DeFronzo, MD

4:50 pm	T1D Kidney Disease: The Forgotten Legacy - Emerging Concepts & Treatments	Mark E. Cooper, AO, MBBS, PhD
5:10 pm	What is the Role of CGM derived AG, CV, GMI, and TIR data in Diabetes Control?	George Grunberger, MD
5:30 pm	DASH4D Diet for Glycemic Control and Glucose Variability in Type 2 Diabetes	Elizabeth S. Selvin, PhD, MPH
5:50 pm	Combining SGLT2i & GLP-1 RA: Are Two Better than One?	Silvio E. Inzucchi, MD
6:10 pm – 6:30 pm	Panel Discussion and Q&A & Post CME Questions	

6:30 pm – 7:30 pm WELCOME & POSTER RECEPTION at the Exhibit Hall

7:30 pm – 9:15 pm DINNER CME SYMPOSIUM:

Supported by **AstraZeneca**

The DCRM Patient

Chairs: Yehuda Handelsman, MD • Stephen J. Greene, MD

7:30 pm	Introduction & Pre-CME Questions	
7:40 pm	Case Presentation: The Complex CRM Patient	Yehuda Handelsman, MD
7:45 pm	Prevention and Management of CRM Complications - Focused on Obesity	Neha J. Pagidipati, MD, MPH
8:00 pm	Hard to Control HTN – Is it Resistant HTN?	Raymond R. Townsend, MD
8:15 pm	Kidney Impact on Co-Morbidities – Approach to Treatment	Peter Rossing, MD, DMSc
8:30 pm	Addressing Heart Failure in DCRM Diseases	Stephen J. Greene, MD
8:45 pm	Panel Discussion and Q&A: The DCRM Patient – Where to Start?	Yehuda Handelsman, MD
	Panel: Stephen J. Greene, MD, Neha J. Pagidipati, MD, MPH, Peter Rossing, MD, DMSc, Raymond R. Townsend, MD	
	Moderator: Yehuda Handelsman, MD	
9:10 pm	Post-CME Questions & Concluding Remarks	
9:15 pm	Adjourn	

7:00 am Registration
 7:00 am – 8:00 am **Exhibit Hall Opens | Coffee.**

7:00 am – 7:45 am **Breakfast Session** **Non-CME Education** **Product Theater Hall**
 A GLP-1 RA Story: CV Outcomes Across Therapeutic Options
 Supported by **Novo Nordisk**

Sanjay Rajagopalan, MD, MBA, FACC, FAHA



7:55 am – 8:05 am **Pre-CME Questions**

Session 7 **Contemporary Topics in CRM/CKM**
 Chairs: Peter J. Grant, MD • Deepak L. Bhatt, MD, MPH, MBA

8:05 am Protecting Blood Vessel Health in Seniors **Robert J. Chilton, DO**
 8:25 am The Future of Aldosterone Modulation: Receptor vs. Upstream? **Javed Butler, MD, MPH, MBA**
 8:45 am The Role of Cortisol in CardioRenalMetabolic Diseases **Ralph A. DeFronzo, MD**
 9:05 am CV Outcomes with Incretin Based Therapies in Patients with & without T2D & or Obesity **Biykem Bozkurt, MD, PhD**
 9:25 am – 9:45 am Panel Discussion and Q&A

Session 8 **Cardiology Today**
 Chairs: Biykem Bozkurt, MD, PhD • Javed Butler, MD, MPH, MBA

9:45 am State of the Art- Intervention Cardiology in Acute Coronary Syndromes **Deepak L. Bhatt, MD, MPH, MBA**
 10:05 am CV Risk Assessment in Healthy People on Ketogenic Diet- the Role of LDL-C & Apo-B **Matthew J. Budoff, MD**
 10:25 am – 10:35 am Panel Discussion and Q&A

10:35 am – 11:05 am Refreshment Break at the Exhibit Hall

Session 9 **Approach to Lipid Disorders**
 Chairs: Kausik K. Ray, FMedSci • Paul S. Jellinger, MD

11:05 am FCS and HoFH: Rare but Now Treatable Disorders **Alan S. Brown, MD**
 11:25 am LDL-C Lowering with PCSK9i in Primary Prevention in High Risk Patients with DM **Lawrence A. Leiter, MD**
 11:45 am Lipoprotein(a): Pathophysiology and Emerging Treatment Option **Steven E. Nissen, MD**
 12:05 pm ACC/AHA/Multisociety 2026 Dyslipidemia Guideline in the Context of International Cholesterol Guidelines **Roger S. Blumenthal, MD**
 12:25 pm – 12:45 pm Panel Discussion and Q&A - Lpa vs Low LDL

12:45 pm – 1:45 pm Lunch Break

12:55 pm – 1:40 pm **Lunch Session** **Non-CME Education** **Product Theater Hall**
 Obesity as a Metabolic Disease: Pathophysiology, Complications, and Management
 Supported by **Boehringer Ingelheim**

Pam Kushner, MD, FAAFP  **Iffat S. Ahmed, DO** 

Session 10 Management of Complex CRM Cases

Chairs: Stephen J. Greene, MD

Expert Panel: Neha J. Pagidipati, MD, MPH • Christian W. Mende, MD • Richard E. Pratley, MD

1:45 pm Introduction

1:50 pm CRM Case 1 & Panel Discussion and Q&A

2:20 pm CRM Case 2 & Panel Discussion and Q&A

2:45 pm Adjourn

Stephen J. Greene, MD
Yu Mi Kang, MD, PhD, MPH
Hubert B. Haywood, MD, MBA

Session 11 Luminary in Cardiometabolic Medicine 2026 Award

2:45 pm Award Presentation by

2:50 pm Inflammation in Cardiometabolic Disease: No Longer a Theory

3:20 pm - 3:30 pm Discussion and Q&A

Deepak L. Bhatt, MD, MPH, MBA



Peter Libby, MD

3:30 pm – 4:45 pm Refreshment Break at the Exhibit Hall**3:55 pm – 4:40 pm****Refreshment Session****Non-CME Education****Product Theater Hall**

Navigating the T1D Journey Screen – Monitor – TZIELD
Supported by **Sanofi**



Conan Tu, MD

Session 12 Joint Session - JACC

Chairs: Neha J. Pagidipati, MD, MPH • Michael E. Farkouh, MD

4:45 pm Natriuretic Peptides, Kidney Function, and Clinical Outcomes in Heart Failure with Preserved Ejection Fraction

5:05 pm The Heart-Brain-Metabolism Axis in Cardiovascular and Neurologic Disease

5:25 pm The Cardiometabolic Care Cascade: Gaps in Awareness, Treatment, and Control in the United States

5:45 pm Improving Cardiovascular Clinical Competencies for the Menopausal Transition A Focus on Cardiometabolic Health in Midlife

6:05 pm – 6:30 pm Panel Discussion and Q&A & **Post CME Questions**

Muthiah Vaduganathan, MD, MPH
Daniel Tardo, MD

Rishi Wadhwa, MD, MPP, MPhil

Martha Gulati, MD, MS

6:30 pm – 8:00 pm**DINNER CME SYMPOSIUM:**Supported by **Lexicon Pharmaceuticals****Expanding the Horizon of Hypertrophic Cardiomyopathy**

Chairs: Erin D. Michos, MD, MHS • Matthew J. Budoff, MD

6:30 pm Introduction & Pre-CME Questions

6:40 pm Epidemiology and Pathophysiology of HCM

7:00 pm Diagnosis Modalities of HCM, Challenges and Overcoming Barriers

7:20 pm Current and Evolving Treatment Options in HCM

7:40 pm **Panel Discussion and Q&A:** Future Direction in HCM Research and Management

Erin D. Michos, MD, MHS
Carolyn Y. Ho, MD
Anjali T. Owens, MD
Alejandro De Feria, MD

Panel: Alejandro De Feria, MD, Carolyn Y. Ho, MD, Erin D. Michos, MD, MHS, Anjali T. Owens, MD**Moderator:** Matthew J. Budoff, MD

7:55 pm Post-CME Questions & Concluding Remarks

8:00 pm Adjourn

8:00 pm – 9:00 pm

Abstract Oral Presentation

Non-CME

CHEESE & WINE WILL BE SERVED

Chair: George Grunberger, MD

Abstract Committee: Zachary T. Bloomgarden, MD • Ralph A. DeFronzo, MD • Vivian A. Fonseca, MD • Christian W. Mende, MD • Norman E. Lepor, MD • Laurence S. Sperling, MD • Matthew R. Weir, MD

Abstracts published in the **American Heart Journal**, EIC: Daniel Mark, MD, MPH

PROGRAM 2026

Sunday, June 21, 2026

7:00 am Registration | Breakfast

7:00 am – 7:45 am

Breakfast Session

Non-CME Education

Product Theater Hall

Reframing Cardiovascular Risk Assessment: The Role of CCTA and Plaque Analysis
Supported by **Heartflow**



Matthew Budoff, MD



Seth S. Martin, MD

7:50 am – 7:55 am Oral Abstract Winner Award Presentation

George Grunberger, MD

7:55 am – 8:05 am Pre-CME Questions

Session 13 Hypertension, Cardiomyopathy, and Heart Failure

Chairs: Erin D. Michos, MD, MHS • Christos S. Mantzoros, MD, DSc, PhD

8:05 am The Future is Now - Treating HTN

Jan N. Basile, MD

8:25 am The Diagnosis & Management of Cardiomyopathy Addressing
Obstructive and Nonobstructive HCM

Amrut V. Ambardekar, MD

8:45 am Beyond Quadruple Therapy: Latest in Additional Medical Therapies for HFrEF

Stephen J. Greene, MD

9:05 am HFpEF vs HFrEF Making the Right Diagnosis and Treatment Plan

Mark T. Kearney, MD, MBChB

9:25 am – 9:45 am Panel Discussion and Q&A

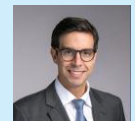
Session 14 The Rising Star Award in Diabetes, Cardiorenal & Metabolic Medicine

9:45 am Award Presentation by

Silvio E. Inzucchi, MD

9:50 am Beyond Stenosis: Insights into Cardiometabolic Disease from PET Imaging

10:10 am – 10:15 am Discussion and Q&A



Filipe A. Moura, MD, PhD

10:15 am – 10:25 am Refreshment Break at the Lecture Hall

Session 15 Incretins Roles in Metabolic Disorders

Chairs: Silvio E. Inzucchi, MD • Lawrence A. Leiter, MD

10:25 am Incretin Based Therapy: Dual/Triple/Quadruple – What Should be Next

Jonathan E. Campbell, PhD

10:45 am Practical Approach to Incretin Therapy in Obesity and Diabetes

Richard E. Pratley, MD

11:05 am – 11:15 am Panel Discussion and Q&A

Session 16 **Liver MAFLD/MASH**

Chairs: Zachary T. Bloomgarden, MD • Mark E. Cooper, AO, MBBS, PhD

11:15 am Fatty Liver Disease Circa 2026

Christos S. Mantzoros, MD, DSc, PhD11:35 am Focus on Cardiovascular–Liver–Metabolic Health (CLMH) with the Goal of Prevention **Laurence S. Sperling, MD**

11:55 am – 12:05 pm Panel Discussion and Q&A

12:05 pm – 1:05 pm Lunch Break & Check-Out**12:15 pm – 1:00 pm****Lunch Session****Non-CME Education****Product Theater Hall**

Mounjaro® (tirzepatide) Product Theater

Supported by **Lilly USA LLC****Daniel K. Short, MD, PhD, FACP, FACE****Session 17** **Obesity & Metabolism**

Chairs: Martha Gulati, MD, MS • Yu Mi Kang, MD, PhD, MPH

1:05 pm Contemporary Understanding of the Comorbidities of Obesity

Samuel Klein, MD

1:25 pm Preserving Lean Mass: A Focus on Body Composition in the Context of Obesity Treatment

Donna H. Ryan, MD

1:45 pm New Frontiers in Anti-Obesity Therapy

Louis J. Arrone, MD

2:05 pm – 2:20 pm Panel Discussion and Q&A

2:20pm Refreshments will be served inside the lecture hall.**Session 18** **Chronic Kidney Disease**

Chairs: Christian W. Mende, MD • Mark E. Cooper, AO, MBBS, PhD

2:20 pm The Pillar Approach to the Management of CKD

Katherine R. Tuttle, MD

2:40 pm The Nature of the Drop in eGFR, its Clinical Impact with Cardiorenal

Modifying Drugs-Address Management

Matthew R. Weir, MD

3:00 pm – 3:10 pm Panel Discussion and Q&A

Session 19 **AI, Technology, Digital Health**

Chairs: George Grunberger, MD • Matthew R. Weir, MD

3:10 pm AI in Cardiovascular Health- Are We There Yet?

Rohan Khera, MD, MS

3:30 pm The Interaction of AI with Digital Health & Wearables- Impact on Cardiometabolic Care

Michael P. Snyder, PhD3:50 pm - 4:00 pm Panel Discussion and Q&A & **Post CME Questions****4:00 pm****Adjourn**