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Dear Friends & Colleagues,

We are pleased to invite you to the 2nd Annual Heart in Diabetes (HiD) Medical Conference. Following the incredible success, amazing evaluations of the inaugural HiD, extensive positive feedback and expressed desire for another such meeting, the 2nd HiD will take place July 13-15, 2018, at the Loews Philadelphia Hotel.

This CME program is a unique medical conference designed to evaluate the state-of-the-art clinical research of heart disease in diabetes and its implications on practice. HiD will bring together world-renowned clinical leaders in Diabetes and Cardiovascular Disease, while aligning cardiologists, endocrinologists, lipidologists, nephrologists and hepatlogists in developing a multi-disciplinary, comprehensive understanding of today's clinical science on the management of high-risk patients.

Recent trials have demonstrated a cardiovascular benefit from anti-hyperglycemic, lipids, HTN and inflammation agents in people with diabetes. However, among practicing professionals, including experts in the field, there is a gap in understanding the implications of these new developments and their impact in managing these patients.

The meeting provides a platform to address the clinical science of the Heart in Diabetes by providing current information and research, while highlighting impact on practice and evaluating it from the cardiology, endocrine/diabetes, kidney and Liver points of view. Topics will include: Lipids, Glucose, ACS, CHF, Atherosclerosis, Vascular, Coagulation, Arrhythmia, fatty Liver, the Kidney, and other related conditions. The meeting will promote discussion and interaction among the various specialists in how they develop their respective approaches to the management and prevention of Heart Disease in Diabetes.

If you are a Cardiologist, Endocrinologist, Nephrologist, Dialectologist, Lipidiologist Internist, or simply a clinician with an interest in the Heart in Diabetes- this meeting is for you! We personally invite you to join us in this exciting endeavor.

Please register today! Do not hesitate to contact us with any questions.

We look forward to having you join us for this exciting conference in Philadelphia in July.



Yehuda Handelsman, MD, FACP, FNLA, MACE



Mikhail N. Kosiborod, MD, FACC, FAHA

Heart in Diabetes (HiD) Scientific Committee

Yehuda Handelsman, MD *Chair* Tarzana. California

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Christos S. Mantzoros, MD Boston, Massachusetts

Nikolaus Marx, MD Aachen, Germany

Darren McGuire, MDDallas, Texas

Kausik Ray, PhD London, United Kingdom

Benjamin M. Scirica, MD Boston, Massachusetts

Matthew R. Weir, MD Maryland, Baltimore



This CME conference is a unique medical meeting that brings together world-renowned clinical leaders in diabetes and cardiovascular disease with practicing clinicians with the goal of improving care of patients at high risk of cardiovascular, metabolic, and kidney diseases. At HiD, experts and clinicians explore the state-of-the-art in the clinical science of the Heart in Diabetes, with in-depth examinations of the latest clinical evidence from studies of lipid disorders, glucose abnormalities, acute coronary syndrome, congestive heart failure, atherosclerosis, vascular disease conditions, kidney disease, coagulation abnormalities, arrhythmia, and related conditions.

PROGRAM OBJECTIVES: Upon completion of this meeting, participants should be able to:

- Provide comprehensive management of diabetes, addressing obesity, hypertension, dyslipidemia, and hyperglycemia
- Evaluate the relationship between diabetes, the heart and the kidney
- Understand cardiometabolic syndrome
- Provide comprehensive management of cardiovascular conditions
- Describe the relationship between diabetes, obesity, and congestive heart failure
- Implement best practices for the management of CHF
- Describe the combined effect of lowering blood pressure and glucose on morbidity and mortality in diabetes
- Evaluate the evidence supporting the use of SGLT2 inhibitors and GLP1 RAs to reduce cardiovascular mortality in patients with T2D
- Discuss the role of incretins in the management of obesity, diabetes, and their complications
- Discuss the role of SGLT2 inhibitors in the management of obesity, diabetes, and their complications
- Describe the pathophysiologic changes leading to abnormal glucose tolerance and its role in the development of microvascular and macrovascular disease

- Recognize the role of the liver, fatty liver disease, and NASH in the development of CVD in diabetes
- Explain the role of lipids, in particular LDL-C and non-HDL-C, in the development of atherosclerosis
- Evaluate the extent of vascular disease focus on PAD in diabetes
- Describe changes in the epidemiology of cardiovascular disease and discuss the possible impacts of changes in management recommendations have had on patient outcomes
- Identify gaps in current lipid treatment guidelines from different lipid-management organizations and describe how recommendations can be adapted to fit individual patients' needs
- Determine appropriate targets of lipid-lowering therapy, including specific LDL-C goals for individual patients
- Describe the role of PCSK9 in lipid elevations and its potential contributions to cardiovascular disease
- Appropriately diagnose and treat hypercoagulation and thrombosis as consequences of insulin resistance, inflammation, and diabetes
- Evaluate the proper administration of anti-platelet and anticoagulation agents in the management of the high-risk patient

TARGET AUDIENCE

Cardiologists, endocrinologists, nephrologists, diabetologists, lipidologists, internists, family clinicians, and other professionals who are interested in the Heart in Diabetes.

HEART IN DIABETES PROGRAM COMMITTEE

Yehuda Handelsman, MD, Chair · Mikhail N. Kosiborod, MD, Chair · Zachary T. Bloomgarden, MD · Matthew J. Budoff, MD
Javed Butler, MD, MPH, MBA · David Cherney, CM, PhD, MD · Robert J. Chilton, DO · Michael H. Davidson, MD · Ralph A. DeFronzo, MD
Daniel Einhorn, MD · Michael E. Farkouh, MD · Sergio Fazio, MD, PhD · Vivian A. Fonseca, MD · Alan Garber, MD, PhD
Peter J. Grant, MD · George Grunberger, MD · Silvio E. Inzucchi, MD · Lawrence A. Leiter, MD · Norman E. Lepor, MD
Christos Mantzoros, MD, DSc · Nikolaus Marx, MD · Darren McGuire, MD · Richard E. Pratley, MD · Benjamin M. Scirica, MD
Matthew R. Weir, MD · Renee S. Asp, BS

The HiD Scientific Committee Gratefully Acknowledges the Unrestricted Educational Grants of Leader Educators: ASTRAZENECA • BI/LILLY • MERCK
Major Educators: AMARIN • NOVO NORDISK

PROGRAM 2018

PROGRAM	2010			
12:00pm - 3:00pm 2:00PM - 2:45PM 2:45pm - 2:55pm 2:55pm - 3:00pm	Pre-Registration Regency Ballroom Foyer 2nd Fl. Mezzanine Level WELCOME EXHIBITORS RECEPTION AT EXHIBIT HALL Welcome & Introduction Yehud Pre-CME Questions		Y JULY 13, 20 · Mikhail N. Kosiborod,	
SESSION 1	THE HEART IN DIABETES WITH CIRCULATION Chair: Darren McGuire, MD			
3:00pm — 3:10pm 3:10pm — 3:25pm 3:25pm — 3:40pm 3:40pm — 3:55pm 3:55pm — 4:10pm 4:10pm — 4:25pm 4:25pm — 4:30pm	Introduction Glucose-Lowering Therapies & CHF in T2DM: Mechanistic Links, Clinical Data & Future Directions GLP-1 RAs for Cardiovascular Disease: Why and How Increases in Natriuretic Peptides Precede Heart Failure Hospitalization in Patients with a Recent Coronic Secondary Prevention of CVD in Patients with T2DM: International Insights from the TECOS Trial Heart Failure with Preserved Ejection Fraction: Focus on Diabetes Wrap-up/Ask the Editor		Darren McGuire, Javed Butler, Ildiko Lingvay, Eldrin F. Lewis, Ann Marie Navar, MD, I Sanjiv J. Shah, Darren McGuire,	MD MD MD PhD MD
4:30PM - 5:00PM	REFRESHMENT BREAK AT EXHIBIT HALL			
SESSION 2	PRESENTATION OF CVD IN DM Chairs: Peter J. Grant, MD · Silvio E. Inzucchi, MD			
5:00pm — 5:25pm 5:25pm — 5:50pm 5:50pm — 6:15pm	Epidemiology of CVD, CHF and Mortality Risks in DM Gestational Diabetes & CVD Fatty Liver Disease in CVD & DM		Naveed Sattar, Rhonda Bentley-Lewis, Arun J. Sanyal,	MD
SESSION 3	IMPACT OF INFLAMMATION & TECHNOLOGY ON CVD IN DM Chairs: Matthew R. Weir, MD · Zachary T. Bloomgarden, MD			
6:15pm — 6:40pm 6:40pm — 7:00pm 7:00pm — 7:15pm	The Role of Inflammation in Cardiometabolic Conditions: CANTOS - Diabetes Group Clinical Impact of Technology on Prevention & Management of Heart Disease in DM Panel Discussion/Post-CME Questions		Paul M. Ridker, George Grunberger,	
7:15PM – 8:15PM	PRODUCT THEATER Non-CME RECEPTION SESSION Refreshments with Advancements in the Management of Patients with Type 2 Diabetes: Results from a Large Cardiovascu Supported by: Novo Nordisk	ılar Outcomes Trial.	ael H. Davidson, MD	
SATURDAY JULY 14, 2018				

			,
·M	5:45AM – PCSK9 INH	7:45AM BREAKFAST SYMPOSIUM CME HIBITORS IN PATIENTS WITH DIABETES: A CLOSER LOOK AT CV RISK RI	EDUCTION
	5:45am	Registration and Breakfast	
	6:15am	Introduction and Pretest	Yehuda Handelsman, MD
	6:25am	Understanding Diabetic Dyslipidemia — Impact for Patients	Deepak L. Bhatt, MD
	6:45am	A Deep Dive into New Guidelines and Recent CV Outcomes Trials	Christie M. Ballantyne, MD
A STATE OF THE STA	7:10am	Clinical Cases	Moderated by: Yehuda Handelsman, MD
	7:30am	Posttest and Question & Answer	
		Supported by an educational grant fr	rom Amgen Provided by Vindico Medical Education

SESSION 4	CVOT IMPACT ON CLINICAL PRACTICE GUIDELINES Chairs: Yehuda Handelsman, MD · Mikhail N. Kosiborod, MD	
8:00am — 8:05am 8:05am — 8:25am 8:25am — 8:55am 8:55am — 9:15am 9:15am — 9:35am 9:35am — 9:55am	Pre-CME Questions Principles of White Paper Development in DM: Guidelines, Consensus, Statements & Algorithms Mitigating CV Risk with AntiDM & Antilipids Drugs: Evaluating the Evidence The Role of Guidelines on Influencing Clinical Practice: Europe Perspective- Potential Impact of CVOT ADA Recommendations for Pharmacological Management of DM & CVD AACE Management Recommendations for the High-Risk CV Patient with DM	Jeffrey I. Mechanick, MD Sanjay Kaul, MD Peter J. Grant, MD Jane E.B. Reusch, MD Alan Garber, MD, PhD
9:55AM — 10:25AM 10:25am — 11:05am 10:25am	REFRESHMENT BREAK AT EXHIBIT HALL HTN in DM & CVD: Goals & Guidelines - The Great Debate Higher Goals	George L. Bakris, MD
10:45am 11:05am — 11:25am	Lower Goals DM Canada Management Recommendations for the High-Risk CV Patient with DM	Paul K. Whelton, MD Robyn L. Houlden, MD
11:25am — 11:45am 11:45am — 12:20pm	ACC/AHA Lipids Management Recommendations for the High-Risk Patient with DM Panel Discussion	Christie M. Ballantyne, MD
12:30PM - 1:20PM	PRODUCT THEATER Non-CME Lunch will be provided Severe Hypertriglyceridemia & Pancreatitis: Including Familial Chylomicronemia Syndrome (FCS) In Your Differ	ential Diagnosis.

SESSION 5 MANAGEMENT OF HEART DISEASE IN DIABETES Chairs: Michael E. Farkouh, MD · Vivian Fonseca, MD

Supported by: Akcea Therapeutics

1:30pm - 1:55pm The Role of Lifestyle Modification in the Prevention & Management of Cardiometabolic Risk:

Clinical Recommendations & Underlying Mechanisms

Christos S. Mantzoros, MD

Richard L. Dunbar, MD



SATURDAY JULY 14, 2018 (cont.)

1:55PM - 2:30PM	AWARD PRESENTATION: "Luminary in Cardiometabolic Medicine" Key Note: Insights from a Cardiologist's Career Perspective on CVD and DM.	Richard W. Nesto, MD
2:30pm — 2:55pm	Surgical Versus Percutaneous Coronary Revascularization in Patients with DM & ACS	Michael E. Farkouh, MD
SESSION 6	THE KIDNEY IN DIABETES Chairs: Alan Garber, MD, PhD · Ralph A. DeFronzo, MD	
2:55pm — 3:15pm 3:15pm — 3:40pm 3:40pm — 3:50pm	Predicting, Preventing & Managing CKD & CVD Progression in People with T2DM: How to Improve Upon Traditional Renal Effects of Antihyperglycemic Agents Panel Discussion	l Approaches Matthew R. Weir, MD Mark E. Cooper, MD, PhD
3:50PM - 4:20PM	REFRESHMENT BREAK AT EXHIBIT HALL	
SESSION 7	IMPACT OF DIABETES MANAGEMENT ON THE HEART Chairs: Daniel Einhorn, MD · Norman E. Lepor, MD	
4:20pm — 4:45pm 4:45pm — 5:15pm 4:45pm 5:00pm 5:15pm — 5:30pm 5:30pm — 6:00pm 5:30pm 5:45pm 6:00pm — 6:20pm 6:20pm — 6:35pm	Does Anti-Hyperglycemic Combination Therapy Improve CVO in People with Diabetes & Established CVD Metformin is Still the Best Initial Therapy for T2DM with CVD Yes No Role of Pioglitazone in the Prevention & Management of DM & CVD Should SGLT2i or GLP-1ra be the Preferred First Choice Following Metformin? SGLT2i GLP-1ra The Cardiologist Approach to Managing Hyperglycemia of Diabetes Panel Discussion/Post-CME Questions	Ralph A. DeFronzo, MD Silvio E. Inzucchi, MD Vivian Fonseca, MD Robert J. Chilton, DO Zachary T. Bloomgarden, MD Richard E. Pratley, MD Sandeep R. Das, MD
6:35PM - 7:30PM	WELCOME RECEPTION AT EXHIBIT HALL	

SESSION 8

DINNER SYMPOSIUM Food provided by **MEEF**

MEDICATIONS' CLASS EFFECTS IN DM & CVD - ALL YOU NEED TO KNOW - AND NEVER ASKED.

7:30pm Introduction & CME Questions

7:50pm The Meaning of Medications' Class Effect- Prevalence, Principles And Requirements

Efficacy & Safety of SGLT2i- Is It A Class Effect 8:10pm

8:30pm Distinguishing Among GLP1-RAs: Are There Any Class Effects?

8:50pm

Panel Discussion and Q&A: How Do We Choose Between and Within Classes to Meet Individual Patient Needs? George L. Bakris, MD • James R. Gavin III, MD, PhD • Mikhail N. Kosiborod, MD Panel:

Sanjay Kaul, MD • Richard E. Pratley, MD • Matthew R. Weir, MD Moderator: Yehuda Handelsman, MD

9:20-9:30pm **Concluding Remarks**

SUNDAY JULY 15, 2018

Supported by an Educational Grant from: AstraZeneca

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James R. Gavin III, MD, PhD

Mikhail N. Kosiborod, MD

George L. Bakris, MD

Joshua Beckman, MD

Deepak L. Bhatt, MD

Michael H. Davidson, MD

Sergio Fazio, MD, PhD

Norman E. Lepor, MD Michael Miller, MD

Jorge Plutzky, MD

7:00AM - 8:00AM **REGISTRATION • CONTINENTAL BREAKFAST**

VASCULAR DISEASE & THROMBOSIS

Chairs: Christos S. Mantzoros, MD · Sergio Fazio, MD, PhD

7:50am - 8:00am **Pre-CME Questions**

8:00am - 8:20am Peripheral Vascular Disease in DM 8:20am - 8:40am Antithrombotic Therapy in Diabetes

8:40am - 8:55am **Panel Discussion**

SESSION 9 CHF & DIABETES

Chairs: Michael H. Davidson, MD · Robert J. Chilton, DO

Epidemiology and Causes of Heart Failure in Diabetes Biykem Bozkurt, MD, PhD 8:55am — 9:15am 9:15am - 9:35am **CHF Outcome Post CABG in Diabetes** Mark Kearney, MD 9:35am - 9:55am Management of CHF in Diabetes Mikhail N. Kosiborod, MD

Panel Discussion 9:55am — 10:10am

10:10AM - 10:30AM REFRESHMENT BREAK

SESSION 10 IMPACT OF DIABETES & DYSLIPIDEMIA ON CVD

Chairs: Deepak L. Bhatt, MD · George Grunberger, MD

10:30am - 11:10am Point-Counter-Point: Do LDL-C Levels Predict Diabetes?

10:30am Yes

10:50am No

11:10am - 11:30am Atherosclerosis of Diabetes: Development and Prevention

11:30am - 11:50pm Lipids Cardiovascular Outcome Trials: Focus on the Diabetes Cohort

11:50pm - 12:10pm The Role of Dyslipidemia - Beyond LDL - in the Development of CVD in Diabetes

Panel Discussion/Post-CME Questions 12:10pm - 12:45pm

12:45PM **ADJOURN**



FACULTY 2018



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Paul K. Whelton, MB MD, MSc Clinical Professor of Medicine Show Chwan Professor of Global Public Health Tulane University School of Public Health and Tropical Medicine School of Medicine New Orleans, Louisiana



Or email: info@tmioa.com

To register by phone: (818) 342-1889

CANCELLATION POLICY: A full refund will be given if written notice of cancellation is received by Friday, May 11, 2018. A \$75 cancellation fee will be charged for cancellation between May 12, 2018 and June 15, 2018. After June 15, 2018 there will be NO REFUND. Cancellations must be submitted via e-mail to info@tmioa.com or by phone at 818-342-1889.

ACCREDITATION INFORMATION

You can earn up to 18.75 credits

CME ACCREDITATION

This activity was planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of PESI Inc. and the Metabolic Endocrine Education Foundation (MEEF). PESI Inc. is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Designation Statement

The PESI Inc. designated this live activity for a maximum of 18.75 AMA PRA Category 1 Credit(s) $^{\text{TM}}$. Physicians should only claim credit commensurate with the extent of their participation in the activity

International CME

International Physicians are formally eligible for AMA PRA Category 1 CreditTM.

Physician Assistants

AAPA accepts Category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 CreditTM for the PRA from organizations accredited by ACCME.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

CA Nurses

Aspen CME Services is approved by the California Board of Registered Nursing, provider number CEP14739, designated the 2^{nd} HiD for approximately 18.75 contact hours.

Pharmacists

For the purpose of recertification, the American Council of Pharmacy Education accepts AMA PRA Category 1 Credit[™] issued by organizations accredited by the ACCME (Accreditation Council for Continuing Medical Education) for attendance at structured learning activities.

CDE

The National Certification Board for Diabetes Educators recognizes courses sponsored by PESI, Inc. as approved ACCME provider. This course qualifies for 18.75 continuing education hours.

REGISTERED DIETICIANS

For the purpose of recertification the Commission on Dietetic Registration recognizes courses accredited with AMA PRA Category 1 CreditTM.

Satisfactory Completion for credits:

All attendees must have completed and turned in a course attendance/evaluation form prior to leaving the conference. Each session claimed for credit must be attended in its entirety.

ACCOMMODATIONS

The 2nd Annual Heart in Diabetes (HiD) CME conference will be held at the Loews Philadelphia Hotel at 1200 Market St, Philadelphia, PA 19107 USA (215) 627-1200 https://www.loewshotels.com/philadelphia-hotel. To reserve a room at the special rate of \$159 single/double a night for conference participants and their guests please go online: https://www.heartindiabetes.com/accomodations OR call (888) 575-6397 to make your individual reservation within the room block by providing the following information:

Event Name: 2nd Annual Congress on Heart in Diabetes (HiD)

Reservation ID: TMI12J

Group rate is available until June 16, 2018 subject to availability. Rooms will be available on a first-come basis, and will be available until all are filled. Group room rates will be available three (3) days prior to and three (3) days after the event date. If you need special accommodations, or if you have any questions about access to any of our activities, please contact the meeting organizers at 818 342 1889 or info@tmioa.com

The HiD Scientific Committee Gratefully Acknowledges the Corporate Support of

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The Metabolic Institute of America (TMIOA)

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ENDORSING ORGANIZATIONS:

- American Association of Clinical Endocrinologists (AACE)
- American Society of Endocrine Physician Assistants
- The American Society for Preventive Cardiology (ASPC)
- World Obesity Organization
- FH Foundation
- Pediatric Endocrine Society
- National Lipid Association (NLA)

MEDIA PARTNERS:

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- VuMedi
- Sage Publishing: Diabetes & Cardiovascular Disease Research
- Healio: Cardiology Today & Endocrine Today
- Physician's Weekly
- Diabetes in Control
- Cardiology Advisor
- Endocrine Web
- SciTechnol: International Journal of Cardiovascular Research

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