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Dr. Mende graduated magna cum laude from the University of Heidelberg , School of Medicine in Heidelberg ,Germany. A medical internship was completed at County Hospital in Sanderbusch ,Germany and was followed by an internship and internal medicine residency at Tucson Medical Education Program in Tucson , Arizona .

Postdoctoral training includes a National Institute of Health fellowship in nephrology at Peter Bent Brigham Hospital and Harvard Medical School in Boston , Massachusetts . Dr.Mende is board certified in nephrology , internal medicine, geriatrics and clinical hypertension .

Among his medical affiliations , Dr. Mende is a Fellow of the American College of Physicians , American Heart Association , American College of Nutrition , American and International Society of Nephrology . He is a fellow and charter member of the American Society of Hypertension .

Dr. Mende is a reviewer for several medical journals and widely published ; has made contributions to the medical press on experimental and clinical renal disease , hypertension , diabetes and various other medical topics .