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Robert H. Eckel, MD, is Charles A. Boettcher Endowed Chair in Atherosclerosis in the Department of Medicine at University of Colorado, Denver, in Aurora, CO. Dr. Eckel is a **Distinguished Alumnus** of the University of Cincinnati College of Medicine in Cincinnati, OH. He performed a Medical Residency at University of Wisconsin Hospitals in Madison, WI, and a Senior Fellowship in Metabolism and Endocrinology at the University of Washington School of Medicine in Seattle, WA. Dr. Eckel has more than 300 articles published in peer-reviewed journals. Dr. Eckel is past president of the American Heart Association, the Obesity Society and the Association of Patient Oriented Research. He Co-Chaired the 2013 ACC/AHA Lifestyle Guideline for Prevention of Cardiovascular Disease (CVD) and was a member of the 2013 ACC/AHA Cholesterol Guideline Committee. He is currently a member of the Epidemiology of Diabetes Interventions and Complications Observational Safety and Monitoring Board and is on the Board of the American Diabetes Association. He is presently the President of Medicine and Science of the American Diabetes Association. Dr. Eckel's translational research has incorporated data from populations, human subjects in the Clinical Translational Research Center, genetically-modified mice and tissue culture to pursue mechanistic relationships between metabolic disorders such as obesity/metabolic syndrome/diabetes and CVD.